

CONTRAINDICATION	RECOMMENDATION
Allergy to any ingredient of the peel solution	Choose an alternative peel solution
Allergy to aspirin or phenol	Choose an alternative peel solution
Allergy to Hydroquinone	Choose the regular VI Peel, VI Peel Advanced, VI Peel Purify solution (Patient cannot receive VI Peel Precision Plus or VI Peel Purify with Precision Plus)
Pregnant or breastfeeding	No chemical peels can be performed. Patient should always consult with healthcare provider before any treatment or use of product while pregnant or breastfeeding
Use of Isotretinoin or Accutane	Wait 6 months before performing peel
Open wounds, cuts, abrasions	Wait until area is healed (4-6 weeks)
Active cold sore(s) or history of herpes simplex	Wait 4-6 weeks until lesion is healed (Instruct patient to take prescribed medicine before receiving the peel to help prevent outbreak for when rescheduled)
Chemotherapy or Radiation Treatments	Wait 6 months before performing peel
Diabetes Mellitus	Monitor patient in post-peel phase more closely. Condition may cause delayed healing, which may lead to secondary infection. Schedule a telephone call or visit on Day 4-5.
Autoimmune Disorder or Liver Disease/ Disorder	At discretion of Medical Director

PRODUCTS & MEDICATIONS	RECOMMENDED WAIT TIME BEFORE OR AFTER A VI PEEL
Products with high retinols	If skin is dry, red, or irritated, discontinue for 3 days before performing peel.
Photosensitizing Medications and Antibiotics.	Stop use one day before and resume 1 week after peel process is complete. Assure patient compliance with sun avoidance for two weeks after peel application to avoid complications. Patients who have been on long-term antibiotic use may have increased sensitivity during and after the treatment.
Active Treatment Products (that are drying or irritating)	1 week after peeling process is complete.
Resuming daily skincare regime	1 week after peeling process is complete.

CAUTION	CONDITION
Use Caution (with advice from Medical Director) when Peeling the following:	<ul style="list-style-type: none"> Rosacea (do not apply with heavy pressure on skin, can lead to broken capillaries) Sebaceous Hyperplasia Hyperplasia Keloid Scarring Seborrheic Keratosis Rheumatoid Arthritis (if condition is stable) Lupus (if condition is stable)
The VI Peel is NOT suggested for the following conditions:	<ul style="list-style-type: none"> Vitiligo Facial Eczema Facial or Scalp Psoriasis Active Facial Dermatitis Active Cold Sores/Herpes Breakout

RECOMMENDATIONS FROM VITALITY INSTITUTE MEDICAL DIRECTOR